

## **THADAM — RYLA- A LEADERSHIP TRAINING PROGRAMME**

### **EXTENSION ACTIVITY**

**DATE:** 12<sup>TH</sup>, 13<sup>TH</sup> AND 14<sup>TH</sup> OCTOBER

**VENUE:** GREEN COCONUT RESORT

12<sup>TH</sup> — DAY 1:

Day 1 started at Rotary centre, Egmore. The rotaractors were divided into groups and boarded the buses. On reaching Green Coconut Resort, the participants were welcomed by the organisers. Day 1 was filled with orientation and ice breaking activities where they got to know each other better. Various sessions about motivation and leadership were conducted. It was followed by outdoor activities. The night ended after a Dandiya and Musical night.

13<sup>TH</sup> — DAY 2:

Day 2 started at 5.30 am with outdoor activities and Zumba. The rotaractors then went to a nearby school to do community service where they painted the walls and flattened the surface. The day continued with sessions. Later at night, they had culturals followed by DJ night.

14<sup>TH</sup> — DAY 3:

The day started with outdoor activities and was followed by a few more sessions where different speakers spoke about communication and social work. This was followed by a valedictory function. The rotaractors boarded the buses at 7.30pm and the trip came to an end.

Overall, the experience was filled with learning. The rotaractors got to meet new people and most of the speakers were very inspiring. Ryla was packed with activities and sessions, which had more than 12 sessions in two and a half days.

**No.of.Volunteers: 2**