

**“A COMPARATIVE STUDY ON SELF ESTEEM AND RESILIENCE  
AMONG ORPHANED ADOLESCENTS”**

**\*Dr.Kalyani Kenneth**, Assistant Professor, Dept. of Counseling Psychology, Madras School of Social Work, Chennai. kalyanikenneth@mssw.in; 9841616140

**Kathrin Golda J.**, PG Student, Dept. of Counseling Psychology, Madras School of Social Work, Chennai. kathyjgolda@gmail.com; 9600437192.

**ABSTRACT:**

According to UNICEF and global partners an orphan is defined as a child below 18 years of age and has lost one or both parents due to any cause of death. Adolescence has been described as the period in life, when an individual is no longer a child, but not yet an adult. This is the period where most of them are affected by deterioration in health, energy, social life and personal life. Self-esteem refers to an individual overall positive evaluation to the self. Self-esteem consists of an individual respecting himself and considering himself worthy. Resilient individuals are socially and emotionally competent in facing the life's challenges. Resilient and overcoming the hurdles of life strengthen the self-related concepts such as optimism, self-esteem and self-efficacy among the individuals and enable them to take positive, independent and successful actions in their lives. Hence, the researcher intends to find the difference in gender and the relationship between self-esteem and resilience of orphan adolescent. The research design adopted is exploratory in nature. The respondents of the study are 120 orphan adolescents (60 male and 60 female) living in orphanage those under care, belonging to the age group of 10-19 from Tirunelveli. The tools used in this research are the Rosenberg self-esteem scale, and Resilience Scale (RS) by Wagnild & Young. The data collected is analysed using correlation and t-test. The findings of the research infer that there exists significant difference in gender relating to self-esteem and resilience among orphan adolescents. There is significant relationship between self-esteem and resilience among orphan adolescent. The scope of the research is to help orphan adolescents enhance their self-esteem and resilience level by developing a tailor made or customized intervention model. This will help them cope and make them strong to bounce back effectively.

**Key Words:** Assisted living, Flexibility, Self Evaluation, and Teenage.

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