

Report on National Seminar on Psycho-Therapeutic Techniques

On the 8th and 9th of March 2019 the Department of Counselling Psychology & PG Department of Social Work (SF) jointly organised the national seminar on Psycho-Therapeutic Techniques. Total number of 140 student participants from in and around Chennai colleges offering PG Program in Psychology and practitioners participated and got benefitted. The following experts took part and contributed in the success of the seminar.

- ♣ Dr. Kasi Sekar, Registrar, NIMHANS, Bangalore was the chief guest for the inauguration function and addressed the gathering on the importance of Psycho-therapeutic techniques.
- ♣ Dr. KIM, Assistant Professor, NIMHANS, Bangalore shared her research experiences..
- ♣ Dr. Jassem Koorankoot, Assistant Professor, Institute of Mental Health and Neurosciences, Calicut, Kerala handled session on Solution focused brief therapy.
- ♣ Dr. Jimi K. Gopinath, Clinical Director, Mind Matters Clinic, Bangalore delivered talk on Cognitive Behaviour Therapy.
- ♣ Dr. Keerthi Pai, Clinical Psychologist & Consultant, Apollo Group of Hospitals, took a session on Dialectical Behaviour Therapy.
- ♣ Ms. Sivakami Arumugham, Family Therapist spoke on Family and Couple Therapy.
- ♣ Dr. Kadhiraavan, Professor and Head of the Department of Psychology, Periyar University handled participatory session on Clinical Hypno Therapy.
- ♣ Dr. Vijayanagasamy, Psychiatrist, served as the Chief Guest for the valedictory function of the two days National Seminar.

Profile of Ms.Srividya

Ms.Srividya is a Psychologist specialized in School and Career Psychology, with M.Phil in Psychology as academic strength and ability to analyze the client's needs and guide them through effective counseling and training.

She has 20 years of progressive and rich experience in School Counseling and Training. Her broad portfolio includes clients from Educational institutions, NGO's, Government Department to multi-national corporations.

She believes that all individual possess the attributes necessary to lead a quality life and she guides her clients cope with everyday challenges and reach their full potential.

She founded *Transcend – Centre for Personal Excellence*, in 2006 counseling centre that specializes in School counseling & Career Counseling.

She; along with her team of psychologists work with education institutions and NGOs' providing Personal Counseling, Career Counseling, Parenting Skills workshops and Faculty Development Programs.

She has developed a career assessment tool for Indian children with which she helps children choose the careers most suitable for them.

She conducts workshops for parents and teachers in raising children. She also conducts Awareness programs on Prevention of child abuse, Substance abuse and HIV – AIDS.

To name some of her clients:

Devi Academy Senior Sec; School, Sherwood Hall Sr; Sec; School, Sunshine Chennai Sr; Sec; School, Vidya Mandir Estancia, Madras School of Social Work, Rajiv Gandhi National Institute For Youth Development Govt of India, Miracle Foundation India – A NGO that works with Orphan Children.

MADRAS SCHOOL OF SOCIAL WORK

DEPARTMENT OF COUNSELLING PSYCHOLOGY

NATIONAL SEMINAR ON PSYCHOTHERAPEUTIC TECHNIQUES (8th& 9th March 2019)

LIST OF PARTICIPANTS

ATTENDANCE

S.NO	NAMES	S.NO	NAMES
1	AARTHY S	75	DINAKARAN S
2	AISWARYA S	76	MARITA WILSON
3	AMRUTHA R	77	N YASHWI REDDY
4	APOORVA K	78	NIVETHA D
5	ATCHAYA S	79	PONMANI ANJANA E
6	BARGAVI G	80	RAJASHREE S
7	DOLLY	81	ROSHINI S
8	JANANI G	82	SHALINI S
9	KAAVIYA R	83	SHREENATH T R
10	KATHRIN GOLDA J	84	TAWNY MARTHA DROZARIO
11	LAKSHMI PRIYA TG	85	THEJA BHAARGAVI AK
12	LOKESH S	86	HARSHITHA SURESH
13	MONICA R	87	JAYASHREE S
14	NIWETHA H	88	KASTHURI DIVYA GG
15	PRIYADARSHINI KARUNAKARAN	89	POOJA S
16	RANJANI R	90	SRIBA P V
17	REVATHI SHREE R	91	MANOJ KUMAR A
18	SANKAVI S K	92	MIDHU MARYDAS
19	SHARON R	93	MURALI P
20	SUBATHRA EKAMBARAM	94	RIYA ORISON
21	SURYA PRABHA V	95	SAM ISAAC H
22	SWATHI C	96	SIVA VIGNESH S
23	THAARASRI M A	97	VIBIN FRANCIS
24	VIJAYALAKSHMI V	98	ANGELINE CHRISTIANA C
25	YASHITA K JAIN	99	BLESSY SUKANYA NAYAK
26	CHANDRASEKAR V	100	JOSHUA SAM IMMANUEL P
27	GAYATHRI R	101	NILA RAMONA M
28	SOWMYA D	102	NIMMY MARIYAM GEORGE
29	AKASH S	103	ROMINA JOSEPH
30	ANJANA NARAYANAN	104	SAI CHIRAAG MAHADEVAN
31	ARCHANA B	105	VAISHALI VENKATRAMAN
32	BALQIS SABA RAFI	106	BENIEL SOUNDARARAJAN M
33	DHIVYAVARSHINI S J	107	CHELSEA SINDHU PRIYA V
34	HASITA P	108	JOHN ITTY JACOB
35	HEMA KIRTHIGA J	109	MAGESH V
36	JANAKI S	110	SIDHARTH B KUMAR
37	MANISHA N	111	SOWMIYA P

38	SUDHARSHAN V M	112	PRANAV KRISHNAMURTHY
39	ESTHER M	113	RAJASREE A
40	BHARATH KUMAR V	114	SAKINA S SARAIYA
41	ILFANA ILLIYAS	115	SANCHANA RAMANATHAN
42	KASTHURI RENGAN S	116	SHAKTHI RAVI
43	MARITA K PAUL	117	SHREENATH T R
44	POOJA S	118	SIDDHARTH E
45	SREELAKSHMI R	119	SILVIA S V
46	YUVAN SANKAR E	120	SOLOMON A D
47	ABHIMANYU S G	121	SONIA ALAPPAT
48	SHRIDHISHA P	122	SOUMYA MURALI
49	VIJAYAKUMAR D	123	SRIMATHI S
50	AKSHAYA M	124	SWATHI PAVANA JANARDHANAN
51	AKSHAYA K	125	SWEATHA S
52	ANAMIKA CHAKRABORTY	126	SYED AMINA FATHIMA
53	ANNAPOORANI AL	127	TAWNY MARTHA DROZARIO
54	ANUSHKA PRASAD	128	TENA P
55	ARSHIYA FATHIMA M	129	THEJA BHAARGAVI AK
56	DEEPAK RAJ S	130	VANDANA YADAV
57	DHEEPAK KIRUSHNA S K	131	VENNILAVAN M
58	DORINA RUTH NITTLA	132	VIDYA BHARADWAJ S
59	EUNICE SHERRINE P	133	VIJAYASANTHI D
60	FLORA EZHILARASI R	134	ALEX TAYLOR
61	GABRIEL MANGALRAJ J	135	JEBA SELVA WILLIAMS J
62	GIRI PRASAD S	136	SRI DHEETCHITHA S
63	GOKUL KOUMAR S	137	Kumaran
64	HEVIN P	138	Krishnan
65	KANCHARLA GEETHIKA SAI	139	Aankhibose
66	KARTHIKA SUSEELAN	140	Soumya verma
67	MADHURA A		
68	MITHRAN R		
69	MOHAMED AARIF M H		
70	NANDHINI S		
71	NIKITA DHIMAN		
72	NIKITHA S		
73	OSWIN RAGUL S		
74	PONMANI ANJANA E		



y. ujjayamala