



**CENTRAL SOCIAL WELFARE BOARD, NEW DELHI & TAMILNADU SOCIAL WELFARE BOARD,
CHENNAI**

IN COLLABORATION WITH

DEPARTMENT OF SOCIAL WORK, MADRAS SCHOOL OF SOCIAL WORK, CHENNAI

CORDIALLY INVITE YOU FOR THE

**“ORIENTATION-CUM-REFRESHER TRAINING FOR THE COUNSELLORS AND OFFICE BEARERS OF
FAMILY COUNSELLING CENTRES”**

FROM TAMILNADU, PUDUCHERRY AND ANDAMAN & NICOBAR ISLANDS.

ON 24th, 25th & 26th JULY 2019

CHIEF GUEST

Dr. K. MANIVASAN, IAS

Chairman In-Charge, TNSWB

Principal Secretary, Social Welfare & Nutritious Meal Programme

Government of Tamil Nadu

PRESIDENTIAL ADDRESS

DR. S. RAJA SAMUEL

Principal cum Secretary,

Madras School of Social Work, Chennai

SPECIAL ADDRESS

Mrs. V. AMUTHAVALLI, IAS

Commissioner of Social Welfare & Nutritious Meal Programme

Government of Tamil Nadu

Dr. POONAM ARORA

Chairperson

Andaman & Nicobar Island Social Welfare Board, Port Blair

Mrs. N. VAIJAYANTHI

Chairperson

Puducherry Social Welfare Board, Puducherry

WELCOME ADDRESS

Mrs. P.K. VATHANI

Head, U.G. Department of Social Work

MSSW, Chennai

VOTE OF THANKS

Mr. G. PERUMAL SAMY,

Joint Secretary,

TNSWB, Puducherry & A&N Islands

**ORIENTATION CUM REFRESHER TRAINING FOR THE FAMILY
COUNSELLORS OF FAMILY COUNSELLING CENTRES**

Skills development

PROGRAMME SCHEDULE

DAY – 1 - 24th JULY 2019 (WEDNESDAY)

Time	Particulars	Resource Persons
9.00am – 10.00am	Registration	
10.00am – 11.00am	Inauguration and Pre-test Evaluation Counselling Process <ul style="list-style-type: none"> Trust Building Forming therapeutic consent Identify the nature of problem Articulation of client need 	Dr. R. Subashini, Dean, Madras School of Social Work
11.00am – 11.30am	Tea Break	
11.30am – 1.00pm	Counselling Skills <ul style="list-style-type: none"> Self Awareness-Knowing Yourself-Components of Self Awareness-Self Concept and Self Esteem Effective Communication – SOLER, Verbal and Non Verbal Communication, Reflection, Paraphrasing, Epithetical expression, Summarizing and etc. Identify the client strength and possible resources. Formulation of counselling goals. Intervention 	Dr. Hannah John Assistant Professor, Department of Counselling Psychology Madras School of Social Work
1.00pm – 2.00pm	Lunch	
2.00pm – 3.30pm	Advanced Counselling Skills <ul style="list-style-type: none"> Clarifying, Challenging, Advanced empathy, confronting, immediacy, problem solving and decision making etc. Identifying challenging area of counselling in FCC practices 	Dr. SangeethaMakesh Consultant Psychologist
3.30pm – 5.00pm	<ul style="list-style-type: none"> Case Analysis Group Discussion Mock Session with identified problem areas among FCC professionals. 	1. Dr .Vyjayanthi Mala, Assistant Professor & Head Department of Counselling Psychology Madras School of Social Work 2. Dr. Subasree Assistant Professor, Department of Counselling Psychology Madras School of Social Work
5.00pm	Refreshment	

**ORIENTATION CUM REFRESHER TRAINING FOR THE FAMILY
COUNSELLORS OF FAMILY COUNSELLING CENTRES**

DAY – 2 - 25th JULY 2019 (THURSDAY)

Time	Particulars	Resource Persons
9.00am – 10.00am	Practice and Procedure of Women Laws	Mrs. Adv. Adhilakshmi Logamurthy Secretary Women Layers Association, Madras High Court, Chennai
10.00am – 10.30am	Family Counselling Centre Web Portal (FCC Web portal) <ul style="list-style-type: none"> • Counsellor Registration in web portal • Case report submission – Daily update through online • Documentation and Report submission online and hard copy. 	Mr. Elumalai , Welfare Officer TNSWB, Chennai
10.30am – 11.00am	Public Finance Management Systems – Online Demonstration.	Mr. Muhammad Hyath, Sr.Account Officer, TNSWB, Chennai
11.00am – 11.30am	Tea Break	
11.30am – 3.00pm	Exposure Visit	
3.00pm – 4.00pm	Post – test Evaluation and Feed Back	Dr. Vyjayanthi Mala, Assistant Professor & Head Department of Counselling Psychology
4.00pm – 4.30pm	Tea Break	
4.30pm	Valedictory Function and Certificate Distribution	

**ORIENTATION CUM REFRESHER TRAINING FOR THE NGO HEADS OF
FAMILY COUNSELLING CENTRES**

PROGRAMME SCHEDULE

26th JULY 2019 (FRIDAY)

Time	Particulars	Resource Persons
9.00am – 9.30am	Registration	
9.30am – 10.00am	Inaugural Address	Dr. S. Raja Samuel Principal cum Secretary MSSW
10.00am – 11.00am	Networking with allied Departments and CSR.	Mr. Palani Kumar Co-ordinator, CSR, MSSW Mr. P. Rama Kishore DGM (CSR) IOC, SRPL
11.00am – 11.30am	Tea Break	
11.30am – 1.00pm	Family Counselling Centre Web Portal (FCC Web portal) <ul style="list-style-type: none"> • NGO Registration in FCC web portal • Counsellor Registration in web portal • Case report submission – Daily update through online • Documentation and Report submission online and hard copy. 	Mr. Elumalai , Welfare Officer TNSWB, Chennai
1.00pm – 2.00pm	Lunch	
2.00pm – 2.30pm	Interaction	Mrs. P.K.Vathani Head, BSW Department, MSSW
2.30pm – 4.00pm	Public Finance Management Systems – Online Demonstration.	Mr. Muhammad Hyath, Sr.Account Officer, TNSWB, Chennai
4.00pm – 4.30pm	Tea Break	
4.30pm – 5.00pm	Evaluation and Feed Back	Mrs. S.Sudarmathy Assistant Professor BSW, MSSW
5.00pm – 5.30pm	Valedictory Function	

Orientation-cum-refresher training program for the counsellors and the office bearers of Family Counselling Centres" from Tamil Nadu, Puducherry and Andaman & Nicobar Islands for three days between 24th July and 26th July 2019

The **Central Social Welfare Board, New Delhi** and the **Tamil Nadu Social Welfare Board, Chennai** in collaboration with the **Department of Social Work, Madras School of Social Work, Chennai** organised an *"Orientation-cum-refresher training program for the counsellors and the office bearers of Family Counselling Centres"* from Tamil Nadu, Puducherry and Andaman & Nicobar Islands for three days **between 24th July and 26th July 2019.**



Dignitaries of the programme honouring Mrs. Mary Clubwala Jadhav

I. Orientation-cum-refresher training for the counsellors, 24th and 25th July 2019.

A. Inaugural Session

The two day program began with the lighting of the lamp in the presence of the chief guest **Dr. K. Manivasan IAS**, Chairperson In-charge, Tamil Nadu State Social Welfare Board and Principal Secretary, Social Welfare and Nutritious Meal Program, Government of Tamil Nadu.



Mrs. P. K. Vathani, Head of the Department, U.G. Department of social work, Madras School of Social Work, Chennai delivered the welcome address.



Mrs. P K Vathani welcoming the gather

Presidential Address:

The event was presided over by **Dr. S. Raja Samuel**, Principal cum Secretary, Madras School of Social Work, Chennai who also welcomed the gathering. He expressed his honour to partner with CSWB & TNSWB for this unique training programme. He appreciated the family counsellors and the CSWB& TNSWB for supporting them as this service is bridging a huge gap in provision of mental health care services. He told that there is a severe shortage of counsellors in the country. The counsellors have to tune themselves to emerging need of the modern society.



Trainings like this will help them to do better services. He added that Madras School of Social Work is privilege to work with Central Social Welfare Board and Tamilnadu Social Welfare Board and would like to continue the association.

Chief Guest Address:

Dr. Manivasan IAS, in his special address shed light on the importance and the role of a counsellor in police stations and the coordination of the counselors with various schemes, services and organizations in the delivery of services. He also spoke about how evidence-based reports help in implementing services. He shared the importance of counselling and the centres to help the needy by the currently working effectively after relocated to Government sector. Sir also gave an insight about the importance of counsellors in networking with other Govt departments and schemes related to Woman and Children , effective working of Women Helpline, MSK and One Stop Center. Sir also insisted TNSWB on collecting feedback from the participants about the 2 day training programme.



Special Addresses:

Mrs. V. Amuthavalli IAS, Commissioner of Social welfare and Nutritious meal program, Government of Tamil Nadu who spoke about counselling being the need of the hour in the current real scenario. The Special Address was delivered by Mrs. V. Amuthavalli IAS who encouraged all the counsellors to learn and sharpen and keep themselves updated and enlighten their knowledge by attending these Refresher courses and also share their own field experience. She mentioned how counselling was not in existence as much as now centuries ago as people lived in joint families. However in today's generations due to complications and the rise in number of nuclear families, the need for family counselling has also increased.



Dr. Poonam Arora, Chairperson, Andaman & Nicobar Islands Social welfare board, Port Blair who spoke on the lines of the importance of familial well being contributing to a country's progress. Dr. Poonam Arora Chairperson A&N islands briefly gave

an insight about the Importance of Family and how the bonding in family setup is highly looked upon in India by other countries. She talked the importance of familial relationships. She stressed on the concept of Empathy and its importance in counselling. The wellbeing of family enriches the community and the country on the whole. Madam also insisted on Pre marital Counselling and its importance in the current scenario.



Mrs. N. Vaijyanthi, Chairperson, Puducherry Social welfare board, Puducherry expressed views on functioning and importance of services for wellbeing of family.



The Joint Secretary G.Perumalsamy TNSWB delivered Vote of Thanks by thanking all the dignitaries for their acceptance and making their valuable presence for this occasion and the MSSW faculty for being supportive and their efforts in successfully conducting the 2 day training programme.

B. Objectives of the program

- *To provide orientation on counselling skills and techniques for family counsellors.*
- *To provide knowledge on FCC web portal and public finance management systems.*

C. Business sessions

i) Inauguration and Pre-test evaluation and Counselling process; Dr. R. Subashini, Dean, Madras School of Social Work.

The counsellors were oriented on the pre-test evaluation counselling process and she broached elaborately on, Trust Building, Forming Therapeutic Consent, Identifying the nature of the problem, Articulation of client need

She emphasized on the knowledge and competencies of the counsellor while iterating on the three important areas: the client's need for help, his knowledge and realization of his need for help and his willingness to change. She urged counsellors to take up an '*I am with you*' approach

towards empathy and help ease negative emotions such as fear, anxiety and pain, thereby develop a non-judgmental attitude.



Dr. Subashini orienting the participants.

ii) **Counselling Skills; Dr. Hannah John, Assistant Professor, Department of Counselling Psychology, Madras School of Social Work**

It comprised of various key topics such as self awareness, components of self awareness, self concept and self esteem. She also spoke about Effective communication, SOLER, verbal and non verbal communication, reflection, paraphrasing and epithetical expression. She then stressed on the importance of summarizing, identifying the client's strengths and possible resources, formulation of counselling goals and finally about intervention. She ended the session with an activity for the participants in which they were asked to write down five things I love about myself, 3 things I have accomplished last week, 3 things I want to accomplish this week, 3 things I'm grateful for. Through this she wanted to erupt positive feelings about one's own self among the participants and also mentioned that this technique can be used by them for their counselling sessions.



Dr. Hannah John holding an interaction with participants

iii) Advanced Counselling Skills; Dr. Sangeetha Makesh, Consultant Psychologist

She spoke about topics such as clarifying, challenging, advanced empathy, confronting, immediacy, problem solving and decision making etc. She mentioned that it is important to focus on detangling struggles related to mental health and also asked the participants to summarize on the basic counselling skills. She gave insights on what empathy refers to and what are the types of empathy. Dr. Sangeetha then gave examples from case studies without identity revelation. She spoke about Personality disorders, psychiatric medications, drug abuse etc. She also touched the area of identifying challenging area of counselling in FCC practices. Her session progressed in a very interactive manner and gained a good response among the participants.



Dr. Sangeetha interacting with the participants

iv) Dr. Vaijayanthi Mala, Assistant Professor and Head of Department of Counseling Psychology, Madras School of Social Work and Dr. Subashree, Assistant Professor, Department of Counseling Psychology, Madras School of Social Work

This session focused on case analysis, group discussion and mock sessions with identified problem areas among FCC professionals. The session was engaging and wholesome as it traversed on the different facets of counselling. Real-time issues were discussed and probed from different perspectives and brain-storming for various possible solutions went about. At the end the participants were divided into teams of

five and were asked to stage a mock counselling session centring diverse issues. The sessions were scrutinized, inputs were given and the programme was wrapped up for the day.



DR. Vyjayanthi Mala and Dr. Subashree holding a mock session.

The second day of the training program for counsellors began with a recap of the previous day's session by Mrs. P. K. Vathani, Head, U.G. Department of Social Work, MSSW.

Day 2

Practice and Procedure of Women Laws; Mrs. Adv. Adhilakshmi Logamurthy, Secretary, Women Lawyers Association, Madras High Court, Chennai.

The session was based on a topic that is in fact a need of the hour, Practice and Procedure of Laws centring Women. She spoke about the various women related laws and its importance in counselling and also inculcated the importance of being aware of the various amendments that keep multiplying over time. She stressed on the proceedings for issues like domestic violence, workplace harassment and other forms of sexual harassment. She mentioned that it is important for counsellors to avoid multiplicity of proceedings as it leads to complications with the maintenance. She ended on an interactive note as the participants posed several questions regarding their case studies as she helped them out patiently.



Public Finance Management Systems-Online Demonstration; Mr. Mohammed Hayath, Senior Accounts Officer, State Project Management Unit, PFMS.

He explained the importance of PFMS – an online web-based platform that registers implementing agencies and facilitates budget allocation, sanction, bill generation, fund disbursements, accounting, reconciliation, E-Payments and beneficiaries’ management both at central and sub-state level; the steps to use PMF Software was also taught. He then spoke extensively on the transfer of funds from the higher level to the lower level



Family Counselling Centre Web Portal; Mr. M. Lokesh, Deputy Director, Central Social Welfare Board.



He focused on topics like counsellor registration in web portal, case report submission-daily online updation, documentation as well as report submission both in written and online. The target was fixed for completing the updation on the FCC portal and an introduction to enter the career/ activity of FCC was prospected. During the session, he highlighted the accommodations of the National Evaluation study of family counselling centres conducted by Tata Institute Of Social Sciences to improve the quality and timely delivery of services.

He also briefed on recommendations of National Evaluation Study on Family Counselling Centres by Tata Institute of Social Sciences. Approaches towards FCC such as building healthy familial and marital relationships based on mutual respect and dignity, creation of public dialogue on redefining family as a safe space in the backdrop of human rights and legal frameworks. The objectives of FCC need to be reframed to suit contemporary realities. More emphasis should be given to preventive rehabilitative and redressal services. He stressed on the need for the expansion of FCCs, particularly in rural areas and critical areas such as jails, police stations and red light areas. He further talked about the FCC services wherein home visits and follow up systems were emphasized. Individual members of the family are to be given specific services. Pre marital and sexual counselling should also be enforced. Awareness campaigns, workshops and other public display sites and advertisements are to be created and implemented. Support services or referrals such as short stay homes, crèches, old age homes, de-addiction

centres, vocational training, help lines, convergence with government departments and schemes are also ideal. OSC and FCC services require further research as to assess how OSCs have been performing on the ground in order to understand the nature of the cases. OSCs and FCCs cannot replace each other and should exist simultaneously. It was a very insightful and fact filled session.

EXPOSURE VISIT

Through the exposure visit the counsellors were given an opportunity to observe the practical sessions on psycho-social counselling at the place of professional practitioners. They were able to learn techniques of counselling. The participants were divided into five groups and each group visited respectively allotted centres. The details of the centres visited/skills observed are as below:

Sl. No	Name and Address of centre	Service/skills observed
1	Soul Space Counselling Services 1902, Vasantham Colony 5 th Street, Anna Nagar West, Chennai-40	This centre has been newly opened and they focus on individual counselling, family counselling, overcoming abuse and trauma stress, anxiety and depression, anger Management, marital counselling and relationship problems.
2	East West Counselling Centre, 14, 2 nd Avenue, Harrington Road, Chetpet, Chennai-31	East-West Centre for Counselling and Training is based in Chennai, Tamil Nadu, India. We are a counselling centre and a counselling / therapy – training centre. We registered under the Company Act in 2007. The Director is Magdalene Jeyarathnam. She has 25 years of counselling experience and has been training and supervising counsellors for almost 25 years. She and her team of counsellors practice high standards of ethics and are culturally sensitive.

3	<p>Element-H Psychological Support Services, No-5, B-Block, I Floor, Gemini Parsn Apartment, 599, Cathedral Garden Road.</p>	<p>They are a group of psychologists with specializations in various areas who have joined together to develop professionalism in the psychological community. They believe that as psychologists they belong to the niche segment of professionals with theoretical knowledge, psychological testing skills and psychological therapeutic skills. Their clients include educational institutions, corporate, recruiters and shipping companies.</p> <p>Psychological skills like empathy, professionalism, objectivity are essential skills which need to be part of any qualified psychologist. As a part of the endeavour to empower their psychology family, they are offering internships and workshops for students along with placements and skill enhancement programmes.</p>
4	<p>Dr. Sumathi Chandrasekaran, No.153, Bells Road, Police Quarters, Triplicane, Chennai-5</p>	<p>Dr. Sumathi Chandrasekaran (PhD) is a practising Psychologist with an experience of 12 years. She is located in Chennai. Dr. Sumathi Chandrasekaran (PhD) practices at the Neha Foundation Clinic in Chennai. The Neha Foundation Clinic is situated at 153, 2nd Floor Bells Road Opposite Madras Cricket Club, Triplicane, Chennai. Sumathi Chandrasekaran (PhD) is an esteemed member of Chennai Counselor Foundation Chennai Counselor Foundation and Indian Association of Applied Psychologists. She pursued her PhD in the year 2012 from Madras University, Chennai, India. She completed her MS in the year 2001 from Madras University, Chennai, India. She has also done her M.Phil in the year 2007 from Madras University, Chennai, India. Dr. Sumathi Chandrasekaran (PhD) is an experienced, skilled and awarded doctor in her field of specialization. Sumathi Chandrasekaran (PhD) has been awarded with National Eligibility Test For Lectureship. She worked at Neha Foundation from 2003 to 2016.</p>

5	Dr. Asha Dinesh, AC 73/4, 1 st street, Anna Nagar, Chennai.	Asha Dinesh Sugam Psychological Counselling And Research Centre in Anna Nagar has a well-equipped and well-maintained clinic. It is sectioned into a waiting area for patients, where they can wait for their turn. This clinic has a consulting room, where this practitioner attends to patients between the consulting timings. Usually, on the first visit, this practitioner thoroughly understands and documents the patient's medical history and discusses the various health issues they are currently facing. Following this, the doctor may conduct a simple examination to check and confirm the symptoms of the ailment. Based on this examination, this physician prescribes a suitable course of action, be it medication or further diagnostic tests.
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PRESENTATIONS

Post exposure visit, presentations on the various achievements of FCCs was delivered by selected FCC Counsellors.

The presentation session began with **Good Hope, Madurai**. The participant explained a few cases that the organisation had dealt with. She spoke about a case study about Chitra Devi, a minor girl who was burnt to death, Vijayashanthi, a victim of sexual harassment who is being provided continued counselling and another case about Manju who suffered from domestic violence.



The next FCC was **Suraksha Community for Family Health, Kanyakumari**. They have a total of 4193 registered cases and 4118 closed cases. They receive cases from various sources. The representative participant spoke about the different types of problems that they deal with and also stressed on the point that interference of in-laws is the most common problem that they receive. The activities of Suraksha Community include

counselling services, follow-up, referral services, counselling for the adolescents through awareness programs and mass campaigns etc. They work in the form of various committees such as liason, advisory etc in order to function effectively. They also conduct training programs, stress management programs, rallies etc.

A very interesting presentation was delivered by Mr.Kannan from the **Pondicherry Women's Conference**. He conveyed his message through a mono act that was based on a girl who came to the organisation seeking help. The girl happened to be a victim of sexual assault through which she gave birth to a child. A few years later she met her husband who fell in love with her and married her with promises that the incident has no changes in his decision to marry her. However, in their later marital life, even after giving birth to a child together, the husband began to emotionally as well as physically abused her with allegations related to her rape. Later the girl as well as the husband received counselling and were able to solve their issues together. This particular presentation caught the eye of all the participants.



The next organisation that presented was **Cendect Family Counselling Centre**. They conveyed all their information very effectively through an audio visual. **Community Seva Centre, Pondicherry** used a powerpoint presentation to do so followed by which **IRCDS** played a video.

The second day of training for the counsellors came to an end with the speech of Mrs.P.K. Vathani, HOD, BSW, MSSW as she reflected on the sessions and shared her observations about the participants and left quite a lot of room for retrospection. The participants then received their certificates as they broke for the day.





Feedback from participants

Following the wrap up of presentations by NGOs, the participants shared their feedback about the sessions and planning of sessions.

Police officials must be included in the training so that their influence is reduced and the counsellors can do a better job.

Some of the feedback put forth by the participants included suggestions for conducting the sessions in batches, requirement for more practical sessions, an extensive time frame of workshops etc. Participants also clarified their doubts regarding the FCC portal. The participants made keen mentions about the effectiveness of the speakers and shared that they were able to gather a lot of insight from the sessions.

- a. The participants requested for more extensive practical training.
- b. Counsellors need more recognition.
- c. Training sessions could be conducted once in six months to keep the counsellors all updated and well-equipped.
- d. Particular skills like Psycho Drama may be provided to improve the skills of counsellors for better delivery of services
- e. Training could have a longer duration.
- f. More emphasis should be on 'Networking' for FCCs.
- g. Place/Venue for the programme could be anywhere else than Chennai for easy access to other native FCCs.
- h. 'Participatory' interaction can be more effective if training could be given for a longer duration.



Participants share feedback

II. Orientation-cum-refresher training for the Office Bearers of Family Counselling Centres.

On 26TH July, a similar event was held for the office bearers of Family Counselling Centres. Dr. S. Raja Samuel, Principal-cum-Secretary, Madras School of Social Work welcomed the gathering and also delivered the keynote address. He spoke at length, on the importance of counselling, especially in the current, real scenario. He also broached on how India has insufficient skilled professionals to meet the mental health demands of the populace. He stressed on the need to choose the right strategy and a result-yielding approach to address problems and also focused on the challenges in this sector, especially the financial constraints and the relatively less availability of trained professionals. He also encouraged collaborative studies of organizations and educational institutions that might prove to be mutually benefitting.



Mr. M Lokesh, Deputy Director, Central Social Welfare Board, addressed the gathering on management and communication within and between Family Counselling Centres and the need to bridge the gap between FCC Services and societal needs. He further explained why the skills of FCC



Officers or Counsellors must be continuously honed and elaborated on the importance of technology in practice. He iterated on how the services must strengthen familial relationships. The resource person for the first session was then invited.

Session I

A session on networking and FCCs and Financial Management, moderated by Mr. Palani Kumar, Co-ordinator, Madras School Of Social Work and Mr. P. Rama Kishore, Deputy General Manager, Indian Oil Corporation, Southern Region Pipelines. He had a small recap session on funding and then moved on to the topic of networking. He insisted that networking must be done step by step. Counsellors must refer to the relevant sectors or departments based on the project or programme. The counsellor can develop his/her self by building more rapport with various departments like the police department, advocates etc. During the session, there was emphasis on gaps in networking in FCC services. The moderator stressed on strengthening the sub committees of FCC in order to build strong networks with government departments and volunteering sectors for better and timely delivery of services to the needy beneficiaries. Experts also highlighted the integration of services of FCC and other women and child related welfare schemes. During the session, resource persons stressed on the importance of corporate social responsibility to bridge the gaps of financial needs and it was suggested that the awareness or outreach programs be organised with the aid of CSR.



Session II

The session began with an interaction with the participants about sanction letter. They discussed the components of sanction letter such as terms and conditions etc. The sanction letter will only be processed once the documents are uploaded on the FCC portal and ensure integration and updation of activities. In order to document online, they can upload it to the Central Social Welfare Board website. They also discussed what must be uploaded like HPR, UC, audit accounts, case details, daily reports or program reports and meeting reports with minutes. The details uploaded by



centre on the FCC portal was shown on real time. The participants were instructed to update details within Monday and send the compliance report to State Board and State Board will approach the Central Board.



Mr. M. Lokesh, Mr. G. Perumal Samy and Mr. Ezhumalai during the demo session of FCC web portal with organisation

Session III

Mr. Mohammed Hayath again spoke on the **Public Finance Management Systems** and provided clarifications and solutions to frequently asked questions.

A Reflection Session followed wherein the participants pitched in their views on the event.

- i) A representative from an FCC in Madurai spoke about how a good legal aid would go a long way in supporting an FCC and shone light on its current elusive state. He urged that counsellors should be regarded as professionals and nothing less. He further commented on the event by saying it was a comfortable stay.
- ii) A representative from Suraksha, an NGO in Nagercoil spoke about the NGO, its activities and services through the years. He expressed that a good rapport with the local district authorities can aid in building trust and getting funds.
- iii) A representative of an NGO in Puducherry spoke about how useful the problem could be; especially highlighting the need for accessing the online portal for FCCs and also on how the session on acquiring funds from CSR projects was useful.



Session IV

Mrs. P K Vathani, HOD, UG Department of Social Work spoke on '**Integration of Family Counseling Services with Other Women Welfare Schemes**'

She spoke on the three areas of counseling :-

1. Prevention: Through awareness and out-reach programmes through effective utilization of funds. Linkages of services with Mahila Shakti Kendra, BBBP, SRCW may worked out to plan sensitization programmes.
2. Redressal : Through counseling process, the clients' problems are addressed directly. She also spoke about OSC in the the redressal process.
3. Rehabilitation: The role of FCCs in rehabilitation process was well emphasized. And explained about diferent schemes such as shelter homes, Swadhar, Ujjvalaetc,. and skill development programmes for providing rehabilitation for the clients.She emphasized the objectives of CSWB included the linkage of the other schemesof the government, in terms of service delivery.



Feedback from DAY 3

- i. Need for higher pay for counsellors.
- ii. To sustain older schemes.
- iii. It's difficult to access network and resources in such high terrains i.e. Ooty.



Participants share feedback

Recommendations

1. Duration of the training can be extended.
2. Conduct training in smaller groups.
3. Separate trainings on multi-disciplinary approach, alcohol and substance abuse and dealing with grief and loss issues and therapies for intervention, separate legal aspects, networking with government officials related to the field, report writing and documentation
4. Training on “online counselling” can be offered.
5. Family counsellors shall be given the designation of ‘protection officers’ for better services.
6. CSWB can provide certification and licensing for the counsellors for effective counselling practice.
7. Recommend to have a system of recruitment for retaining the counsellors by providing promotions and incentives.
8. Provide adequate funding for evidence based research on family counselling practices.



Certificates were distributed to the participants

**“ORIENTATION – CUM- REFRESHER TRAINING FOR THE
COUNSELLORS OF FAMILY COUNSELLING CENTRES” –**

24th and 25th July 2019

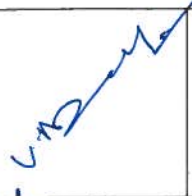
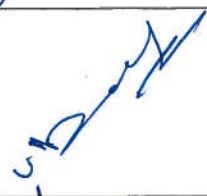

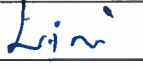


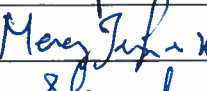
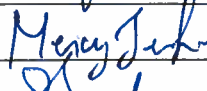



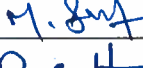






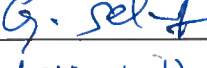

Attendance

S/no	Name of the organisation	Name of the participants	24.7.19 attendance	25.7.19 attendance	Contact number
1	SAKTHI FCC Cuddalore	1. P.Koteeswaran			944395748
		2.A.Vijayasar			9159507742
2	MCCSS	1.M. M. Dilip Kumar			9176871141
		2.Mrs. D. Joanna			9566347992
3	Avvai village welfare society	1.Mr. C. Govindan			8608703546
		2.Mrs.Y.M.Rajeshwari			9787592326
4	YWCA of Tirupur	2.Ms. V. Shanmugapriya			9360394719
		3.Ms. M. Priya Mary			7598425660
5	IWDI	1.Mr.Simon David			9944234418
		2.Ms.Nathiya			9003544693
6	St. Thomas trust	1.Mr. B. Ananadhan			9003677841
		2.Ms. M. Suriya			9750819928
7	YWCA of Cbe	1.MR.K.MAGESH			9787002687
		2.MRS. L.BEULA ROSE			7012497879
8	OBWWUO	1.P.Bhuvaneshwari			8870694073
		2.S.Raja Sunitha			9715694925
9	SPET	1.C.Govindhan			9943320316
		2.G.Kalaivani			
10	Centre for rural development of India	1.Mrs.G.Selvi Victor			9444610122
		2.Mr.R.Rajesh			8144621973
11	AWARD	1.Mrs.D.Mani Amutha			9942230665
12	DMSSS	1.Mr.jesuraj			9442939201
		2.Mrs.v.clara margret			8220649143
13	Annai karunalaya social welfare association	1.S.Sudhanthira devi			8190894858
		2.K. Alaguraja			967749743
14	Suraksha Community Centre for Family Health	1.Mrs.V.Uma			9487417129
		2.Ms.P.Jayalakshmi			8220618524

15	CRED	1.Dr. A. Kanmani	A. Kanmani	A. Kanmani	9894558205
		2.Mr. D. Jerome	D. Jerome	D. Jerome	9442401004
16	CREED (Chidambaram)	1.Mr.C.Subbian	C. Subbian	C. Subbian	9525849463
		2.Ms.B.Suganya	B. Suganya	B. Suganya	8526507221
17	SAWEDO (Paramakudi)	1.K.Bhavaneeswari	K. Bhavaneeswari	K. Bhavaneeswari	900248602
		2.R.Jeyabal	R. Jeyabal	R. Jeyabal	9080857286
18	Arasan rural development society	1.Ms.P.Vijaya	P. Vijaya	P. Vijaya	9048254270
		2.Ms.G.Felcia	G. Felcia	G. Felcia	9003339073
19	INDO	1. N. Mekala	N. Mekala	N. Mekala	8838762527
		2.R. Selvakumar	R. Selvakumar	R. Selvakumar	9150427741
20	YWCA of Madras (Sahodari project)	1.Ms.M.YuvaPriya	M. YuvaPriya	M. YuvaPriya	9884321845
		2.Ms.Agneta Ashwini Augustin	A. Ashwini Augustin	A. Ashwini Augustin	9940406172
21	SINAM	1.Mr.D. Ashok kumar	D. Ashok kumar	D. Ashok kumar	7397649392
		2.Ms. K.Jestin Vidhya	K. Jestin Vidhya	K. Jestin Vidhya	8610099441
22	Bosco institute of social work (Tirupattur)	1.Mr.M Arul doss	M. Arul doss	M. Arul doss	9894488517
		2.Ms.K Tharageeshwari	K. Tharageeshwari	K. Tharageeshwari	8838215950
23	Social service trust	1.Ms.L.Abirami	L. Abirami	L. Abirami	9941661000
		2.Ms.Uma maheswari	Uma maheswari	Uma maheswari	9841679679
24	Indian Red cross society	1.Ms.V.Rama lakshmi	V. Rama lakshmi	V. Rama lakshmi	6380660206
		2.Ms.P.Karthikaa	P. Karthikaa	P. Karthikaa	9962572504
25	Khajamalai ladies association	1.Mrs.Rajamaheswari	J. Rajamaheswari	J. Rajamaheswari	9944914325
		2.Mrs.Rosi	T. Rosi	T. Rosi	9597318099
26	ASHI-Podicherry branch	1.Mrs.M.Kamatchi	M. Kamatchi	M. Kamatchi	9488990642
		2.Mr R.Ragunathan	R. Ragunathan	R. Ragunathan	9486577329
27	SOCSEAD, Trichy	1.Mrs H.Yasodai	H. Yasodai	H. Yasodai	9095625646
		2.Mr.C.Sasi	C. Sasi	C. Sasi	9445781098
28	People Awareness Social Welfare trust (Tambaram)	1.Mrs.Jaya	J. Jaya	J. Jaya	886375601
		2.Ms.A.E.Anushiya Remcy Mabel	A.E. Anushiya Remcy Mabel	A.E. Anushiya Remcy Mabel	9941937370
29	Center for social action and women's development (Pondicherry)	1.Ms.P. Vijaya	P. Vijaya	P. Vijaya	
		2.Ms. H. Dheeba	H. Dheeba	H. Dheeba	9884633922

30	CSC- Pondicherry social welfare board	1. Batmavady. S	S. Batmavady	S. Batmavady	8220686370
		2. Ilayarasan. M	Ilayarasan	Ilayarasan	8148473292
31	VMMK (Virudachalam)	1. Mr. K. Parthasarathy	K. Parthasarathy	K. Parthasarathy	9489557611
		Mrs. P. Ponnumari	P. Ponnumari	P. Ponnumari	6380272960
32	SOPORT	1. Mr. R. Prasanna	R. Prasanna	R. Prasanna	9791466634
		2. Ms. M. Maria jenifer kulandai jesu	M. Jenifer	M. Jenifer	9388099064
33	PWC (Pondicherry)	1. Mr. A. Kannan	A. Kannan	A. Kannan	9245755277
		2. Mrs. P. Iswarya	P. Iswarya	P. Iswarya	9944021112
34	Sahodari FCC (Salem)	1. Mr. AC. Jagadish	AC. Jagadish	AC. Jagadish	967791723
		2. Ms. V. Niruba	V. Niruba	V. Niruba	8610226804
35	Sivagangai Multipurpose Social Service Society	1. Ms. A. Maria Gracy	A. Maria Gracy	A. Maria Gracy	8489592009
36	TMSSS (Thiruchirapalli)	1. Mrs. S. Nirmalarani	S. Nirmalarani	S. Nirmalarani	9894891308
		2. Mrs. D. Arulselvi	D. Arulselvi	D. Arulselvi	9788191448
37	FEDCROT	1. Mrs. S. Sumaa	S. Sumaa	S. Sumaa	9514774821
		2. Ms. Praba	M. Praba	M. Praba	8106866376
38	Mahila Vikas Organization	1. Mr. K. Srikanth	K. Srikanth	K. Srikanth	8106207394
		2. Ms. M. Bharathi	M. Bharathi	M. Bharathi	9047832091
39	Mass welfare association	1. Ms. Parameswari	B. Parali	B. Parali	7389390614
		2. Ms. Rajagowri	A.M. Rajali	A.M. Rajali	9474216802
40	Star educational charitable institute	1. Mr. G. Paul raj Thomas	G. Paulraj	G. Paulraj	9531889655
		2. Ms. Preeti dung dung	P. Preeti	P. Preeti	9474203559
41	Voluntary action bureau	1. Ms. Reena poddar	Reena	Reena	9442601250
42	Saras trust	1. Ms. C. T. Renuga devi	C.T. Renuga	C.T. Renuga	9787910125
		2. Ms. B. Sujatha	B. Sujatha	B. Sujatha	9585225858
43	CENDECT	1. Mrs. R. Theivajyothi	R. Theivajyothi	R. Theivajyothi	7373416814
		2. Mr. P. Subash Chandra bose	P. Subash	P. Subash	8754244656
44	WORD (Namakkal)	1. Ms. Gowsalya devi	K. G. S.	K. G. S.	
		2. Mr. P. Raghuvaran	P. R.	P. R.	

45	Gandhi peace centre	1.Ms.Baby reeta			984319464
		2.Ms.Rashidha	—	—	
46	DOW trust	1.Ms. Meena	M. Meena	M. Meena	8124958123
47	Organisation for rural development (Chepauk Chennai)	1.Ms.P.Sankari	P. Sankari	P. Sankari	8903278450
		2.Ms.C.Priya	Priya	Priya	9003591196
48	CARE	1.Mrs.G.Bharathi			
49	HEADS (Karur)	1.M. Ravikumar	R. Ravikumar	R. Ravikumar	9585589785
		2.G. Sathiya	G. Sathya	G. Sathya	9344834880
50	Good hope foundation	1.Mr. K. Nagarajan	K. Nagarajan	K. Nagarajan	8124810000
		2. Ms. A. Shermila	S. Shermila	S. Shermila	8124710000
51	Bharathi Women Development Centre	1. Ms R. Madhubala	—	—	
		2. Ms S. Sujitha	S. Sujitha	S. Sujitha	9486858932
52	Peoples Social Development Foundation (Pondicherry)	1. Ms. M. Akila	M. Akila	M. Akila	9789280785
		2. Ms. C. Thamizhselvi	C. Thamizhselvi	C. Thamizhselvi	9486732481
53	Bharathiya adim jadhi seva sang	1.Mrs.Kalaivani	K. Kalaivani	K. Kalaivani	9943742347
		2.Mrs.Uma maheswari	M. Umaheswari	M. Umaheswari	9790538252
54	LAW Trust	1. Mr. Sam paul Botthirajulu Mr. S. SAMPAL BOTHIRAJULU	S. Sampal Botthirajulu	S. Sampal Botthirajulu	8807998393
		2.Ms.Murugeswari	B. Murugeswari	B. Murugeswari	88 9068 0671
55	Karunalaya rural welfare society	1.Ms.B.Abirami	B. Abirami	B. Abirami	9655422261
		2.Ms.B.Suganya	B. Suganya	B. Suganya	9677957226
56	Kalaiselvi karunalaya social welfare society	1.Mrs.S. Vijaya kumari	S. Vijaya kumari	S. Vijaya kumari	98 94458590
		2. Mrs. R. Ranjitha	R. Ranjitha	R. Ranjitha	9384491152
57	Venkateswara educational rural & development trust	1.Mrs.Devika	D. Devika	D. Devika	9384491152 9047732313
58	Gramiya social welfare society	1.Mrs.Amudha valli	M. Amudha valli	M. Amudha valli	9442933580
59	Centre for empowerment of women and children (Tirunelveli)	1.Mrs.R.Thangamani	R. Thangamani	R. Thangamani	9871626705
		2.Mr.A.Chelvadurai	A. Chelvadurai		9952384842
60	IRCDS(Thiruvallur)	1.Mr.C.Magesh	M. Magesh	M. Magesh	9677866219
		2.Ms.K.Anugraha	K. Anugraha	K. Anugraha	8668156828
61	Annai Fathima Trust	1.Ms.Poonkodi	P. Poonkodi	P. Poonkodi	7010892003
		2.Ms.Ida	I. Ida	I. Ida	9176181379

62	Gramadhana Nirman Sangam	1.Mr.U.Mahalingam			7598661926 9688344263
63	Guild of service	1.Ms.Lini Mathew			9962828292
		2.Ms.Manimekalai			9952925196
		3.Ms.Mercy Jenifer			740112936
		4.Ms.Sharmila			9840664085
		5.Ms.Sangeetha			9994654471
		6.Ms.Sathya Bama			9840522699
64	CARE	1.Mr.Bharathi.G			9600367434
65.	Women's Indian Association (Chennai)	1.Ms.Jamuna			9840587184
		2.Ms.Selvarani			8056275677
66	MSUM	1.Mr.A.Rajamani	(attended)		8668196440

Sl.no	Name of the organisation	Name of the participant	26.7.19	Contact number
1	IWDI	Mrs.Celinal Paul Daniel ✓	<i>Celinal Paul Daniel</i>	9444254247
2	St. Thomas trust	Mr.R.Kamala kannan ✓ <i>A. Sathakumar</i>	<i>Ram</i>	9443946319
3	CRED	•Mr.S.Alagesan ✓	<i>M. Geetha & Mani</i>	9443408079 8220599349
4	AVVAI	Ms. K. Geetha ✓	<i>K. Geetha</i>	8220599349
5	YWCA cbe	Ms.Sukumari Subbian ✓	<i>S. Sukumari</i>	9363807941
6	Saras trust	Ms.S.Vasanthakumari ✓	<i>S.V.</i>	9894048934
7	Centre for rural development	Mrs.K.Easther Bai ✓ <i>Dr. K. Victor</i>	<i>J. Victor Bai</i>	9448691002
8	AWARD	Mrs.G.Chandra ✓	<i>G. Chandra</i>	9524639108
9	Suraksha Community Centre for Family Health	Mr.Dinesh Krishnan ✓	<i>D. Krishnan</i>	9500309163
10	CREED Chidambaram	Dr.V.Nadanasabapathy ✓	<i>V. Nadanasabapathy</i>	9443262222
11	SOC SEAD Trichy	Sr. Josephine Chinna Rani ✓	<i>Sr. Josephine Chinna Rani</i>	9960997685
12	SAWEDO Paramakudi	Mrs. M.Shanthamalar ✓	<i>M. Shanmugam</i>	8098334033
13	Arasan rural development society	<i>T. Kingsly Moses</i> ✓	<i>Kingsly Moses</i>	9944000287
14	FEDCROT	Mrs.E.Susila Gunaseeli ✓	<i>E. Susila Gunaseeli</i>	9788947165
15	INDO	J. Mohamed hussain ✓	<i>J. Mohamed Hussain</i>	9150427745
16	YWCA madras	<i>Dr. MARJORIE CHAKRAVARTHY</i> ✓	<i>Marjorie Chakravarty</i>	994015522
17	SINAM Thiruvannamalai	•Mr.Perumal ✓	<i>Perumal</i>	9443039103
18	Social service trust	Mr.P.Rengaswamy ✓ <i>G. NANDAKUMARAN</i>	<i>P. Rengaswamy</i>	9841581607
19	DMSSS	Mrs. Mariaa pushpam ✓	<i>S. Mariaa Pushpam</i>	9894882233
20	Peoples Social Development Foundation (Pondicherry)	DR. K.Mohanasundaram ✓	<i>K. Mohanasundaram</i>	9443433927
21	Karunalayam rural welfare society. (Pondicherry)	Mr. P.Angalan ✓	<i>P. Angalan</i>	9894473451
22	Center for social action and women's development welfare Pondicherry	•Ms.R. Mareie Rosalie ✓	<i>M. Rosalie</i>	9488494353
23	VMMK	Mrs.K.Vijaya Secretary ✓	<i>K. Vijaya</i>	9443563937
24	PWC Pondicherry	Smt.A.SWARNALATHA ✓	<i>Swarnalatha</i>	8056603103
25	Community Seva Centre Pondicherry	Mr.R. Pavadarayan		
26	TMSSS	Mr. Irudayasamy ✓	<i>I. Irudayasamy</i>	9443725715
27	SOPORT	MR.G.Dharmaraja ✓	<i>G. Dharmaraja</i>	9443376228
		<i>Mr. T.A. Ratchagovindaraj</i>	<i>T.A. Ratchagovindaraj</i>	9003889551

28	YWCA Tripur	Ms. Anita Rajeev ✓	Anita Rajeev	9486252978
29	WORD Namakkal	Mrs. R. Sivakamavalli ✓	R. Sivakamavalli	9443230960
30	Organisation for rural development Chepauk Chennai	Mr. P. K. Maniyan ✓	P. Maniyan	9443627238
31	Good hope foundation	Dr. S. Arul Gnana Sekar ✓	S. Arul Gnana Sekar	9842910000
32	PSDF	Dr. K. Mohanasundaram		
33	LAW	Mr. G. Venkatesan ✓	G. Venkatesan	9442882715
34	DOW trust	Mrs. A. Thamarai ✓	A. Thamarai	9994077443
35	RASS - Mahila Vikas	Mr. K. Ravi ✓	K. Ravi	9949270378

36. Annai Karunalaya
Social Welfare
Association

P. DHARMAPRASATH 8667314779 P. Dharma

37. Venkateswara Trust U.P. REKA.
Thiruvananthapuram.

(1) 2. Kathiresan

Doubt

WA
Doubt

9600507086
9788048073

38. CERDECT, Theni

R. Pachaikannan ✓

R. Pachaikannan

9442024575

39. Gandhi Peace Centre

M. Srinivasan

M. Srinivasan

6382380932

40. P. KOTTEESWARAN

SAKTHI - Cuddalore

P. KOTTESWARAN

P. KOTTESWARAN

9443957483

41. DMSSS - Dindigul

I. Jesuraj

I. Jesuraj

9442939901

42. CARE - Erode

P. L. JOEL ✓

P. L. JOEL

9894768668

43. BASSS - Pondicherry

A. S. Kasthikeyan ✓

A. S. Kasthikeyan

9940716805

44. BISW - Bose Institute of

Social Work, Tirupattur

S. Henry Daniel Ambrose ✓

S. Henry Daniel Ambrose

9488879457

45. MCCSS

Mrs. L. James ✓

Mrs. L. James

9840149757

46. KKSS

Mr. A. Purushothaman ✓

Mr. A. Purushothaman

922242424

S.No	Name-org	Name of the Particip	Signature	Contact No
47.	GUILD OF SERVICE	1. LAKSHMI. L 2. YAMUNA. L	<i>[Signature]</i> <i>[Signature]</i>	9940164021
48.	Annai Fathima Trust	1. KURSITH ✓	<i>[Signature]</i>	9840126661
49.	Mahalir Satta udari mandram	1. Manonmani. S ✓ (L) 2. <u>Rajamani. A</u>	<i>[Signature]</i> A. Rajamani	9444135228 8668196440
50.	OBWWUO	1. P.K. Senthil Kumar ✓	<i>[Signature]</i>	9448222333
51.	SPET	1. P.K. Sivaneshkumar ✓	<i>[Signature]</i>	9443391538
52.	People Awareness Social Welfare Trust (PAS)	<u>Gokulalalishnan. B</u> (L)	<i>[Signature]</i>	9840314109
(LAK) 53.	IRCOB Tiruvallur	(L) P. STEPHEN ✓	<i>[Signature]</i>	9443417433
54.	Gramina Social Welfare Society	(L) S. Rajamanickan ✓	<i>[Signature]</i>	9043527161
55.	GNSS - Sivagangai	(L) U. Mahalingam ✓	<i>[Signature]</i>	7598661726
56.	MASS - welfare Association Koreykan - 604407	(L) R. SRIDHAR ✓	<i>[Signature]</i>	759844430



P.K. Vathani