## Soft skills

01/03/2021

MBTI

Mr.Manish Gupta

The Myers-Briggs Type Indicator (MBTI) instrument has helped millions of individuals throughout the world gain awareness about themselves and how they interact with others. The MBTI® instrument enables personal and organizational transformation by giving people a powerful tool to improve how they communicate, learn and work. The department wanted the students to acquire these skills and conducted MBTI test with the help of Mr.Manish Gupta and the outcome of the test results were used to match students current skills with what is required.



Manish Gupta

**Goal Setting and Motivation** 

Anna Nagar West, Chennai, India - 600050.

### PROFILE CLASSES (3) REVIEWS Q&A (1)

#### Overview

Currently working as a freelance workshop consultant for India's leading English daily as a motivational speaker. Have delivered lectures in over 30 schools and to more than 5000 students.

Also, been working with a few business organizations delivering lectures on motivation and leadership skills to their employees.

Understanding people, working with them to help them towards finding a balance between their professional and personal lives, guiding them on how to self motivate is a core strength of mine.

Also, working with students to motivare themselves and to improve in academics is what I specialize in.

### Languages Spoken

English

Hindi

**Tamil** 

Address

Anna Nagar West, Chennai, India - 600050

DAY-1 - Myer Briggs Type Indicator (Manish and Bela) 1-3-2021

An extensive session on the MBTI. We were taken through HBTI by decoding every individual type. Starting off with understanding what is Emolional Intelligence and morning on to each type under MBTI is Emolional Intelligence and morning of the type with the different we had an Indepth understanding of the type with the different behaviours of the Statements that apply to each type. Followed behaviours of the Statements that apply to each type of the type are upfront up with an activity that reflected each step gave an upfront up with an activity what reflected each step gave ar upfront understanding of each type and also reflect on the different personality understanding of each type and also reflect on the different personality type.

Topics covered

Extraversion & Introversion, Sensing & Intuitive, Thinking & Feeling,

Tudging & perceiving.

DAY - 2 - Professional Skills (Soloman Victor Stanley) 2 - 3 - 2021

The session covered areas like voice of Accent, Ftiquelle (E-mail effectionally) the time of the session covered areas like voice of Accent, Ftiquelle (E-mail effectionally) the time of the session of the vowel sounds to topic. We were asked to make sentences for all the vowel sounds to improve the pronounciation of many common words. We also looked into improve the pronounciation of many common words. We also looked into the diquelles of different kinds and what are the Do's and Don't for the diquelles of different kinds and what are the Do's and Don't for each etiquelles. We were also taught how to frame and write a proper business mail.

# MADRAS SCHOOL OF SOCIAL WORK (AUTONOMOUS) 32, Casa Major Road, Egmore, Chennai-600008

# M.A HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT

### 2020 Batch



SI. No	Register No	Student Name	Signature	
			EN	MA
	1 2015782021001	АВІТНА Р	1	1
	2 2015782021002	ADITHIYAN V	1	i
	3 2015782021003	AISHWARYA SEKAR	1	1
	4 2015782021004	AJAY A E	1	1
	5 2015782021005	AMRUTHA KRISHNA	1	1
	6 2015782021006	ANIES REBECA D	1	1
	7 2015782021008	BHARAT KUMAR P	1	1
	8 2015782021009	CHARUPRADHA S		1
	9 2015782021010	EZRELA JANITA AZARIAH	1	1
	10 2015782021011	JAISHRIYA S	1	1
	11 2015782021012	JAYA ANJANA B S	1	1
	12 2015782021013	MOHAMMED KATHEEM K	1	1
	13 2015782021014	KAAVYASHREE SUDHAKAR	1	1
	14 2015782021015	KIRTHANA P J	1	1
	15 2015782021016	KOMATHI M	1	1
	16 2015782021017	LATHIKA KAPOOR	1	1
	17 2015782021018	LYDIA MARGRET C D	1	1
	18 2015782021019	MATHURUBINI M MANOHARAN	1	1
	19 2015782021020	MYDHILI S THALACHIRA	1	1
	20 2015782021021	NATALINE MARIETTA A	1	1
	21 2015782021022	OMAR ABDULLAH N	1	1
	22 2015782021023	PADMAPRIYA. R	1	(
	23 2015782021024	PADMAVATHI S	1	1
	24 2015782021025	POOJA M	A	N
	25 2015782021026	PRADEEP D	1	1
	26 2015782021027	RAKESH B BALASUBRAMANIAN	1	,
	27 2015782021028	RISHI BALAJI	1	1
	28 2015782021029	ROSHANI MATILDA S	1	1
	29 2015782021030	SANJANA G	1	1
	30 2015782021031	SATHEESH KUMAR S	1	1
	31 2015782021032	SHAKTHIMA C		1
	32 2015782021033		1	1
	33 2015782021034		11	1
	34 2015782021035		1	1
	35 2015782021036	SUSHMA K	1,	1
	36 2015782021037	SWETHA	1	1

37	2015782021038	VANITHA R	FN	M
38	2015782021039	VARSHINI SIVARAMAKRISHNAN	1	1
39	2015782021040	VIGNESH B BALASUBRAMANIAN	1	1
40	2015782021041	YOHAVI P	1	1
41	2015782021042	JHANSI B	1	1
42	2015782021043	PARVATHI S R	1	1
43	2015782021044	KIRUTHIKA K	1	
44	2015782021045	SURYA G	1	1



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### Madras School of Social Work

### Soft Skills

### Students Feed Back Form

Name: JAYA ANJANA. B. S Department: MAHROD Batch: 2020 - 21

Feedback (5 – Excellent, 4 – Very good, 3- Good, 2- Fair, 1- Poor)

- 1. Trainers Extensive Knowledge on the Topic:
- 2. Class Control and Effectiveness in delivering the content:
- 3. Involvement and Interaction with all students:
- 4. Preparedness of Trainer and Content structure:
- 5. Extent of exposure on the topic and content structure: